

# Methylation 2018 Summit

Integrating Methylation into Clinical Treatment Plans

July 13-15, 2018 Chicago Hilton Rosemont

- **Understanding methylation basics**
- **The effects of the environment on methylation**
- **Learn from the world leaders**
- **Clinically relevant case studies**

**EARLY BIRD CLOSING MAY 31ST, 2018**

Register today to secure your spot [www.methylation2018summit.com](http://www.methylation2018summit.com)

EDUCATIONAL GRANTS BY

**MTHFRSUPPORT**  
Australia



**Researched  
Nutritionals®**  
solutions for life

# Invitation

## USA Methylation Summit

Dear Practitioner,

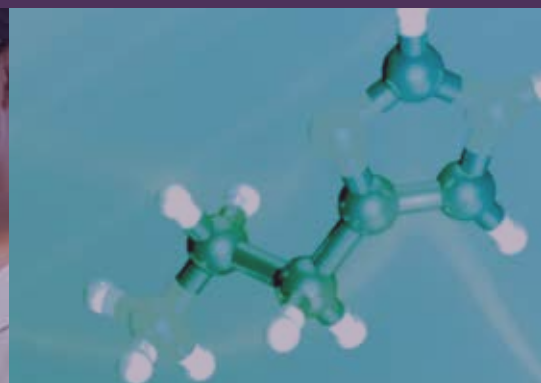
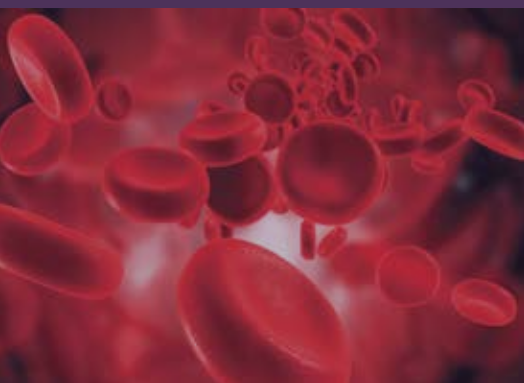
Based on the success of the Australian Methylation Summit 2017, Researched Nutritionals and MTHFRSUPPORT are bringing this conference to Chicago - July 13-15th, 2018.

This conference will demystify methylation, cover the science and case studies & provide you with treatment strategies. If you have wondered why your methylated-impaired patients often get worse when taking methylated B-vitamins, you will learn from renowned experts on implementing comprehensive treatment strategies that provide effective adjunctive support to your current protocols.

As part of your conference fee, we are offering a pre-conference recording of Methylation Basics so that you hit the ground running when you arrive.

We look forward to seeing you in Chicago!

Yours in Health



# Why you should attend

If you want to understand MTHFR and methylation and know how to treat your patients, this conference is a must. Everyone has methylation issues because of the environment we live in, so this affects everyone not just people with MTHFR mutations. Regardless of the genetic SNP's, we need to be able to identify what environmental factors can disrupt these pathways and what we can do about it.



You will **receive simple clinical applications** for patients



**Case studies** to put the science and the application together



**Step by step instructions** on how to start, where to start and what tests to do

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You will be empowered to walk straight out the door on Sunday and apply these concepts and this knowledge on Monday morning

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## Methylation Basics Class

NEED A REFRESHER FIRST?

We will simplify complex concepts so that you feel empowered. As part of the Summit, we invite you to download and view a Methylation Basic Seminar prior to arriving in Chicago. This course will take you step by step through the biochemistry, conditions, and effects of MTHFR and methylation. Learn how this benefits you and your patients.

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**Register today to secure your spot:** [www.methylation2018summit.com](http://www.methylation2018summit.com)

# Speakers



**Dr Debby Hamilton**  
**Keynote speaker**

Dr, Author, Physician in Charge of Clinical Research and Physician Education, Researched Nutritionals

**Topic: Autism & Down's Syndrome**



**Dr Stephanie Seneff**

Senior Research Scientist MIT Computer Science and Artificial Intelligence Laboratory

**Topic: Chronic Diseases**



**Dr Andrew Rostenberg**

Functional Medicine Expert, Methylation Researcher, Director of Red Mountain Medicine

**Topic: Stress & Anxiety**



**Carolyn Ledowsky**

ND, Founder and Director of MTHFR Support Australia

**Topic: Genes and Susceptibility**



**Nicole Biljsma**

Building Biologist, Naturopath, Author, PhD candidate

**Topic: Endocrine Disrupting hormones – Who's at risk?**



**Sara Wood**

ND, Physician at Inspire Health Clinic

**Topic: Organophosphates and Endocrine Disruptors, How to Test and Evaluate**



**Dr Carrie Jones**

ND, MPH. Medical Director of Precision Analytical

**Topic: When Hormones, Organic Acids and Genetics Collide: How to put the puzzle pieces of testing together**



**David Quig**

Ph.D and MS. Vice President of Doctor's Data Inc.

**Topic: Topic: What is Awry in Essential Methionine and Folate Metabolism**



**Matthew Pratt-Hyatt**

PhD, Associate Laboratory Director at The Great Plains Laboratory, Inc.

**Topic: Organic Acids Evaluation and methylation insights**

# Preliminary Program

## Day 1 – Friday July 13, 2018

1:00 – 1:30 pm	Why is methylation so important. What is it we do?	Carolyn Ledowsky, ND
1:30 – 2:15 pm	Environmental Toxins and infections in Autism	Debby Hamilton, MD, MPH
2:15 – 2:30 pm	Questions	Carolyn Ledowsky, ND & Dr Debby Hamilton, MD, MPH
2:30-3:00 pm	Break	
3:00 – 3:45 pm	Genetic Roots of Stress and Anxiety. How the gut affects your mood	Andrew Rostenberg, PhD
3:45 – 4:15 pm	Gut Case Studies	Andrew Rostenberg, PhD
4:15 – 5:00 pm	Endocrine Disrupting hormones – Who's at risk?	Nicole Bijlsma, ND, LAc
5:00 – 5:15 pm	Questions	Nicole Bijlsma, ND, LAc
5:15 pm	Close	Carolyn Ledowsky, ND

## Day 2 – Saturday July 14, 2018

8:00am – 8:45am	Genetic SNP's that affect susceptibility to environmental toxins	Carolyn Ledowsky, ND
8:45 – 9:30 am	Organophosphate and Endocrine Disrupters How to Test & Evaluate - Case Studies & Treatment	Sara Wood, ND
9:30 – 9:45 am	Questions	Sara & Carolyn, ND & Carolyn Ledowsky, ND
9:45 – 10:45 am	Pathway planner & Case studies	Carolyn Ledowsky, ND
10:45 – 11:15 am	Morning Break	
11:15 – 12:30 am	Organic Acids Evaluation and methylation insights	Matthew Pratt-Hyatt, PhD
12:30 – 12:45 pm	Questions	Matthew Pratt-Hyatt, PhD
12:45 – 1:45 pm	Lunch	
1:45 – 2:30 pm	Organic Acids Case Studies (RECORDING)	Andrew Rostenberg, DC
2:30 – 3:15 pm	What is Awry in Essential Methionine and Folate Metabolism	David Quig, PhD
3:15 – 3:30 pm	Questions	David Quig, PhD
3:30 – 4:00 pm	Afternoon Break	
4:00 – 4:45 pm	When Hormones, Organic Acids and Genetics Collide: How to put the puzzle pieces of testing together	Carrie Jones, ND, MPH

**program continued**

4:45 – 5:00 pm	Questions	Carrie Jones, ND, MPH
5:00pm	Close	
<b>Day 3 – Sunday July 15, 2018</b>		
8:00 – 9:30 am	Other environmental factors – heavy metals, wviruses, lyme, mold, vaccines, diet. Who’s susceptible	Carolyn Ledowsky, ND & Nicole Bijlsma, ND, LAc
9:30 – 9:45 am	Questions	Carolyn Ledowsky, ND & Nicole Bijlsma, ND, LAc
9:45 – 10:45 am	Glyphosate disruption of methylation	Stephanie Seneff, PhD (via direct link live)
10:45 – 11:00 am	Questions	Stephanie Seneff, PhD
11:00 – 11:30 am	Morning Break	
11:30 – 12:15pm	GlyphosateGenetic SNP’s and case studies	Carolyn Ledowsky, ND
12:15 – 1:00 pm	Putting it all together for patient assessment– where to start?	Carolyn Ledowsky, ND
1:00 pm	Close	

**Early Bird Closes May 31st, 2018**

**Registration Costs**

**Early Bird Registration US\$449**  
 (Expires May 31st, 2018)  
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**Full Registration US\$549**  
 (After May 31st, 2018)  
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**Student Registration US\$349**  
 A copy of your student ID must be emailed to:  
[eveco247@gmail.com](mailto:eveco247@gmail.com)  
 .....

**Methylation Basics Class (included)**

**Venue**

Hilton/Rosemont Chicago O’Hare  
 For accommodation details see:  
[www.methylation2018summit.com](http://www.methylation2018summit.com)



# Registration



## Methylation Summit | July 13-15, 2018

Hilton/Rosemont Chicago O'Hare

**RSVP Deadlines** Early Bird May 31st, 2018. All registrations by June 30, 2018

**Inquiries** Eve Katz at the Health Medicine Academy

P: 303 990 7958 | E: [evecto247@gmail.com](mailto:evecto247@gmail.com)

### Registration

Title (Dr, Mr, Mrs, Miss, Ms)	First Name	Last Name	
Credential (MD, ND, DC, etc.)			
Organization			
Address			
City	State	Zip/Postal Code	Country
Phone	Email		

**Registration includes** • Entry to all sessions • Breakfast • Lunch • Conference notes • Exhibition

- Early Bird Registration US\$449 (register by May 31st, 2018)
- After May 31, 2018 US\$549
- Student Registration US\$349
- Methylation Basics Class - included

### Payment Details

**Email Registration Form to Eve Katz:** [evecto247@gmail.com](mailto:evecto247@gmail.com) or  
**register online:** [www.methylation2018summit.com](http://www.methylation2018summit.com)

Method of Payment	<input type="checkbox"/> VISA	<input type="checkbox"/> MasterCard	<input type="checkbox"/> Amex
Expiry Date	Card Number	CCV	
Name on Card			
Signature			Date

### Terms and Conditions

Cancellations can be made in writing to Eve Katz: [evecto247@gmail.com](mailto:evecto247@gmail.com) up to and including June 13, 2018. Due to venue requirements, cancellations cannot be accepted after this time.

- By checking this box, you agree to the above terms and conditions

Signature	Date
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